

## October - Change

October 1. If you don't like something, change it. If you can't change it, change your attitude.  
Maya Angelou

October 2. Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change we seek.  
Barack Obama

October 3. You must be the change you wish to see in the world. Mahatma Gandhi

October 4. For the past 33 years I have looked in the mirror every morning and asked myself: 'If today were the last day of my life, would I want to do what I am about to do today?' And whenever the answer has been 'No' for too many days in a row, I know I need to change something.  
Steve Jobs

October 5. When we are no longer able to change a situation – we are challenged to change ourselves.  
Viktor E. Frankl

October 6. All changes, even the most longed for, have their melancholy; for what we leave behind us is a part of ourselves; we must die to one life before we can enter another.  
Anatole France

October 7. A fanatic is one who can't change his mind and won't change the subject.  
Winston Churchill

October 8. If you do not change direction, you may end up where you are heading.  
Lao Tzu

October 9. Everyone thinks of changing the world, but no one thinks of changing himself.  
Leo Tolstoy

October 10. It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one most adaptable to change.  
Charles Darwin

October 11. The only way to make sense out of change is to plunge into it, move with it, and join the dance.  
Alan Watts

October 12. Progress is impossible without change, and those who cannot change their minds cannot change anything.  
George Bernard Shaw

October 13. A small group of thoughtful people could change the world. Indeed, it's the only thing that ever has.  
Margaret Mead

October 14. Things do not change, we change.  
Henry David Thoreau

October 15. I have noticed even people who claim everything is predestined, and that we can do nothing to change it, look before they cross the road. Stephen Hawking

October 16. They most often change, who would be constant in happiness or wisdom. Confucius

October 17. Very often a change of self is needed more than a change of scene. A.C. Benson

October 18. We cannot change anything until we accept it. Condemnation does not liberate, it oppresses. Carl Jung

October 19. Change your opinions, keep to your principles; change your leaves, keep intact your roots. Victor Hugo

October 20. Without change, something sleeps inside us, and seldom awakens. The sleeper must awaken. Frank Herbert

October 21. Life belongs to the living, and he who lives must be prepared for changes. Johann Wolfgang von Goethe

October 22. The curious paradox is that when I accept myself just as I am, then I can change. Carl Rogers

October 23. Change alone is eternal, perpetual, immortal. Arthur Schopenhauer

October 24. Change, like sunshine, can be a friend or a foe, a blessing or a curse, a dawn or a dusk. William Arthur Ward

October 25. There are two kinds of fools; those who can't change their opinions and those who won't. Josh Billings

October 26. The first step toward change is awareness. The second step is acceptance. Nathaniel Branden

October 27. Change alone is unchanging. Heraclitus

October 28. The garden is growth and change and that means loss as well as constant new treasures to make up for a few disasters. May Sarton

October 29. True change takes place in the imagination. Thomas Moore

October 30. I don't need a friend who changes when I change and who nods when I nod, my shadow does that much better. Plutarch

October 31. If you realize that all things change, there is nothing you will try to hold on to. If you are not afraid of dying, there is nothing you cannot achieve. Lao Tzu